

**Call 65366418
for Appointments**

For Men and Women

Consultation and Full Physical \$60

- Doctor Examination
- Body Height, Weight, Blood Pressure, Pulse Rate, BMI, Waist Circumference
- Breast examination (Women)
- Prostate Examination (Men)
- Visual Acuity – Near Vision and Distance Vision
- Color Vision assessment
- Doctor Interpretation report

Our doctor will take a full detailed medical history and conduct a thorough physical examination. This can help us advise you on what tests you can most benefit from.

Full Blood, Urine and Stool Test \$250

- FBC- PBF, TWC, RBC, Platelets, Haemoglobin, ESR, ABO Grouping
- Lipids – Total Cholesterol, HDL, LDL, Cholesterol Ratio, Triglycerides
- Diabetic Screen-Glucose
- Kidney Function- Urea, Creatinine, Sodium, Potassium, Chloride
- Bone Joint – Calcium, Phosphate, Uric Acid, Rheumatoid Factor
- Urine Analysis- UFEME, Microalbumin/Creatinine Ratio
- Liver Function- ALT, AST, GGT, Bilirubin, Protein, Albumin, Globulin, A/G Ratio, ALP
- Cancer Markers- CA19-9, CEA, AFP, CA125 (Women), PSA (Men)
- Thyroid Profile – free T4, TSH
- Hepatitis Profile – Hepatitis A Antibody, Hepatitis B Antibody, Hepatitis B Antigen
- STD Profile – HIV, Syphilis (VDRL)
- Stool Analysis – Occult Blood

This is the backbone of any health screening.

A comprehensive blood, urine and stool test gives a snap shot of your current health. It detects a variety of health issues and allows us to advise you on lifestyle changes and any further tests that you might require.

Ultrasound Abdomen \$200

There are many major organs in the abdomen including the liver, gallbladder, pancreas and kidneys. Liver cancer is the 4th most common cancer among men in Singapore.

The Ultrasound Abdomen is a painless procedure. The radiographer will place a rounded ultrasound probe on your tummy and gently scan the organs in the abdomen. It can detect a variety of problems including gallstones, cancers, kidney stones and more.

Other Add On Tests

Hormone Screening \$120 (Blood Test)

Men – Testosterone, FSH, ICSH, Prolactin

Women – FSH, LH, Estradiol, Prolactin, Progesterone

EBV EA and IgA \$40 (Blood Test)

Screen for the virus that causes Nose Cancer

H. Pylori IgG \$40 (Blood Test)

Screen for the bacteria that causes gastritis and stomach ulcers

HsCRP \$30 (Blood Test)

Screen for heart disease

Retinal Photo \$50

Photo of the inner film of the eye to detect eye disease

Audiogram Hearing Test \$30

Electronic audio testing to detect hearing deficits

REPUBLIC CLINICS PTE LTD
11 UNITY STREET #02-07
ROBERTSON WALK
SINGAPORE 237995

WWW.DRTANAHOPARTNERS.COM

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Women's Health

Ultrasound Pelvis \$110

Womb cancer and Ovarian cancer are the 4th and 5th most common cancers among women in Singapore. The pelvic ultrasound is a painless procedure. The radiographer will place a rounded ultrasound probe on the lower part of your tummy and gently scan the womb, ovaries and tubes. This can also detect any hidden infection in the pelvis.

Ultrasound Breast \$110

Breast Cancer is the most common type of cancer among women in Singapore. A breast ultrasound is a painless procedure. The radiographer will use a round ultrasound probe and gently scan both breasts. This can detect any lumps in the breast. It can also tell us whether these lumps are solid lumps or cysts containing liquid. We can determine how suspicious these lumps look and advise you on future follow up.

PAP Smear \$30

PAP Smear Thin Prep \$70

HPV Digene \$135

PAP Smear Thin Prep + Digene \$175

Cervical Cancer is the 7th most common cancer among women in Singapore. It can be treated if detected early. It is caused by a virus called HPV (Human Papilloma Virus). All sexually active women should have regular PAP Smears.

The Thin Prep system is a Liquid Based Cytology system that is more accurate than the conventional PAP Smear. It is currently used by many major hospitals in the world including KK Women's Hospital in Singapore.

The Digene test detects high risk cancer causing HPV in the cervix. Knowing this can help us determine your future follow up and if you are a candidate for HPV/Cervical Cancer Vaccine.

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Heart Care

Resting ECG \$30

Treadmill ECG Stress Test \$200

Heart disease is the 2nd biggest killer in Singapore. Early detection of heart artery blockages can save lives.

A resting ECG is a painless procedure. Electrodes will be placed on your chest and limbs while you are lying down and resting. The electrical signals from your heart will be measured and interpreted by our doctor. An ECG can detect many different kinds of heart problems.

A treadmill ECG stress test also involves placing electrodes on your chest and limbs. And you will be walking or running on a treadmill. The speed and incline of the treadmill will be gradually increased. This is to see how your heart responds to exercise. This is a more accurate way to detect heart disease.

Food Allergy Testing (Blood Test) *results take up to 1 month*

IgE and IgG 96 Food Allergy Panel \$539

(Choose from Asian, Western or Vegetarian Panel)

IgE 64 Inhalants Panel \$539

IgG 48 Herbs & Spices Panel \$539

Allergies could be the cause of many symptoms. By determining what you are allergic to, you can manage your symptoms by making the appropriate lifestyle changes.

Please approach our staff for details.

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Lifestyle

Comprehensive STD Screening - \$399

HIV, Syphilis, Herpes 1, Herpes 2, Hepatitis A, Hepatitis B, Hepatitis C, Chlamydia, Gonorrhea, NSU, Ureaplasma, Mycoplasma, Streptococcus, Yeast, Trichomonas

It is natural for a healthy adult to have an active sex life. However, we can unknowingly transmit or contract STDs. This is because many STDs including HIV, Syphilis and Chlamydia can show no symptoms. If left untreated, STDs can lead to complications such as sub-fertility in women. Most STDs can be easily treated with anti-biotics.

Men

Make sure you do not pass urine for at least 4 hours before the test. Blood will be drawn from your arm. A urethral swab will be taken. A urethral swab involves placing a small cotton tip swab at the tip of the opening of the penis. There might be mild discomfort but no pain.

Women

Blood will be drawn from your arm. A high vaginal swab will be taken. This involves placing a speculum into your vagina. It is exactly like having a PAP Smear done. There might be mild discomfort but no pain.

Sports Package \$249

VO₂ Max Testing, Gait Analysis, Body Fat Composition

Push your sports performance to the next level.

VO₂ Max Testing measures the maximum ability of your body to use oxygen. It can help you determine your training zones for a more efficient training to achieve your goals.

Gait Analysis shows you what you are doing wrong in your run. This can help to reduce injuries and improve your running efficiency.

We measure Body Fat Composition using the Gold Standard Harpenden Skinfold Caliper. This is used by sports professionals all over the world and is significantly more accurate than measuring body fat composition with electrical impedance devices.

Alternative Lifestyle Care Pack \$299

Anal Swab for Gonorrhea, Anal Swab for HPV, Anal Swab for Histology

Receptive anal sex practiced by either men or women can put you at risk of contracting rectal gonorrhea or HPV. Rectal HPV can lead to anal cancer especially among people with compromised immune systems. Rectal gonorrhea can be treated with anti-biotics.

This test involves gently inserting a cotton tip swab into the anus. It is a painless test.

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Women's Health Screening Packages

	Basic \$249	Executive \$459 All tests in Basic Package AND	Premium \$699 All tests in Basic and Executive Package AND
Examination	<ul style="list-style-type: none"> Female Doctor Examination Body Height, Weight, Blood Pressure, Pulse Rate, BMI, Waist Circumference Breast examination by female doctor Visual Acuity – Near Vision and Distance Vision Color Vision assessment Doctor Interpretation report 	<ul style="list-style-type: none"> Audiometer hearing test 	
Medical Testing	<ul style="list-style-type: none"> Pap Smear Resting ECG 	<ul style="list-style-type: none"> Retinal photography Ultrasound Pelvis Ultrasound Breast 	<ul style="list-style-type: none"> Pap Smear – Thin Prep Digene HPV DNA test ECG Treadmill Stress Test Ultrasound Abdomen – Liver, Pancreas, Kidneys, Gallbladder
Blood, Urine & Stool	<p>Full Blood, Urine and Stool Test</p> <ul style="list-style-type: none"> FBC- PBF, TWC, RBC, Platelets, Haemoglobin, ESR, ABO Grouping Lipids – Total Cholesterol, HDL, LDL, Cholesterol Ratio, Triglycerides Diabetic Screen-Glucose Kidney Function- Urea, Creatinine, Sodium, Potassium, Chloride Bone Joint – Calcium, Phosphate , Uric Acid, Rheumathoid Factor Urine Analysis- UFEME, Microalbumin/Creatinine Ratio Liver Function- ALT, AST, GGT, Bilirubin, Protein, Albumin, Globulin, A/G Ratio, ALP Cancer Markers- CA19-9, CEA, AFP , CA125 Thyroid Profile – free T4, TSH Hepatitis Profile – Hepatitis A Antibody, Hepatitis B Antibody, Hepatitis B Antigen STD Profile – HIV, Syphilis (VDRL) Stool Analysis – Occult Blood 	<ul style="list-style-type: none"> EBV EA and IgA – Screening for nose cancer H. Pylori IgG – Screening for bacteria that causes gastritis and stomach ulcers HsCRP – Screen for heart disease 	<ul style="list-style-type: none"> Hormone Screen - FSH, LH, Estradiol, Prolactin, Progesterone

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Men's Health Screening Packages

	Basic \$249	Executive \$399 All tests in Basic Package AND	Premium \$499 All tests in Basic and Executive Package AND
Examination	<ul style="list-style-type: none"> • Doctor Examination • Body Height, Weight, Blood Pressure, Pulse Rate, BMI, Waist Circumference • Prostate Examination by Male Doctor • Visual Acuity – Near Vision and Distance Vision • Color Vision assessment • Doctor Interpretation report 	<ul style="list-style-type: none"> • Audiometer hearing test 	
Medical Testing	<ul style="list-style-type: none"> • Resting ECG 	<ul style="list-style-type: none"> • Retinal photography • Ultrasound Abdomen 	<ul style="list-style-type: none"> • ECG Treadmill Stress Test • Testosterone Blood Test
Blood, Urine & Stool	<p>Full Blood, Urine and Stool Test</p> <ul style="list-style-type: none"> • FBC- PBF, TWC, RBC, Platelets, Haemoglobin, ESR, ABO Grouping • Lipids – Total Cholesterol, HDL, LDL, Cholesterol Ratio, Triglycerides • Diabetic Screen-Glucose • Kidney Function- Urea, Creatinine, Sodium, Potassium, Chloride • Bone Joint – Calcium, Phosphate , Uric Acid, Rheumathoid Factor • Urine Analysis- UFEME, Microalbumin/Creatinine Ratio • Liver Function- ALT, AST, GGT, Bilirubin, Protein, Albumin, Globulin, A/G Ratio, ALP • Cancer Markers- CA19-9, CEA, AFP , PSA • Thyroid Profile – free T4, TSH • Hepatitis Profile – Hepatitis A Antibody, Hepatitis B Antibody, Hepatitis B Antigen • STD Profile – HIV, Syphilis (VDRL) • Stool Analysis – Occult Blood 	<ul style="list-style-type: none"> • EBV EA and IgA – Screening for nose cancer • H. Pylori IgG – Screening for bacteria that causes gastritis and stomach ulcers • HsCRP – Screen for heart disease • Hormone Screen - Testosterone 	<ul style="list-style-type: none"> • Hormone Screen - Testosterone, FSH, ICSH, Prolcatin